

Parent   
Aware



**Nrhiav Neeg Zov Menyuam:  
Ib qho Taw Kev rau  
Tsev Neeg**





## Nrhiav neeg zov menyuam: ib qho taw kev rau tsev neeg

Parent Aware muaj kev pab dawb kom pab koj nrhiav tau neeg zov menyuam thiab cov program uas qhia ntawv ntxov rau koj cov menyuam kom zoo txhij txhua raws siab nyiam rau lawd lub neej.

Koj yog tus paub koj tus menyuam tshaj. Phau taw kev no muaj kauj raum rau koj xaiv chaw zov menyuam, cov lus yuav nug cov chaw, thiab tej yam koj yuav tsum saib xyuam thaum koj mus saib cov chaw zov menyuam. Tsis tas li muaj xov xwm ntxiv txog zov menyuam thiab lwm yam kev pab rau koj.

Yog koj xav siv peb qhov kev tshawb nyob online lossis txais kev pab, mus ntawm [ParentAware.org](https://www.ParentAware.org) lossis **hu peb ntawm 888.291.9811**. Nrog rau nyiaj txhawb los ntawm Minnesota Department of Human Services, peb qhov kev tshawb muaj xov xwm meej tshaj plaws txog tag nrho cov chaw zov menyuam nyob rau hauv lub lav no. Peb cov neeg ua haujlwm muaj ntau xyoo kev txawj ntse. Lawd pab teb tau koj cov lus nug, pab koj nrhiav chaw, thiab taw kev rau koj rau lwm yam kev pab.



## Txog ntawm Parent Aware ratings (cov hnuv qub)

Tsev neeg siv **Parent Aware Star Ratings** los nrhiav cov program uas yuav pab txhawb lawd cov menyuam rau lub neej.

Thaum ib lub program koom nrog rau Parent Aware Star Rating, lawd cia lawd cov hnuv qub ci. Lawd siv sijhawm dawb los kawm hoob cob qhia kom muaj kev ntse dhau txoj kev noj qab haus huv.

Cov program koom tes no yuav txais tau **Ib-, Ob-, Peb-**, lossis **Plaub-Star Rating**. Parent Aware Ratings yog ntsig txog cov tshawb fawb uas yuav npaj menyuam rau lub neej. Ib lub Hnuv Qub txhais tau hais tias nws yog ib qho nce theem, pab tau tsev neeg pom hais tias lub chaw siv cov cob qhia twg.

Mus kawm txog cov Parent Aware Star Ratings ntawm [ParentAware.org/stars-defined](http://ParentAware.org/stars-defined).







## Ob peb hom kev zov thiab qhia ntawv rau menyuam

Nws tseem ceeb hais tias kom koj nrhiav ib lub program uas haum koj thiab koj tus menyuam. Muaj kev taw pab koj rau koj txiav txim. Tag nrho cov chaw uas nyob rau ntawm Parent Aware lub website **muaj license, certified, lossis ntsib cov cai los ntawm Minnesota Department of Education**. License thiab certification pab xyuas kom cov chaw ntsib txoj kev noj qab haus huv. Saib [ParentAware.org/health-safety](https://ParentAware.org/health-safety).

Yog tshawb online koj siv tau cov pawg no kom yoojyim rau koj: **Centers and Preschools, Family Child Care**, thiab **Head Start**.

### Centers and Preschools

Cov chaw no muaj kev pab rau menyuam raws lawd hnuv nyoog, uas yog ib hnuv lossis ib nrab hnuv. Cov chaw no nyob rau hauv cov tsev loj, lag luam, community centers, lossis chaw thov ntuj. Pawg no ntxiv Public School Prekindergarten thiab. Cov program no yog los ntawm Minnesota Department of Education (MDE). Public schools, nrog rau charter schools, muaj qhia ntawv ntxov, ib hnuv ntev, qhia lus, thiab/lossis School Readiness cov programs.

### Family Child Care

Family child care providers saib tau menyuam mos ab, toddlers, preschoolers, thiab school-age menyuam rau hauv lawd lub tsev. Ib co family child care chaw muaj nyob rau hauv lag luam thiab chaw thov ntuj. Muaj coob tus family child care neeg uas npaj muaj kev ua si thiab dej num kom pab txhawb menyuam kawm.

### Head Start

Early Head Start (ua ntej yug mus rau 3 xyoos) thiab Head Start (3 rau 5 xyoos) thiab cov chaw zov menyuam koom nrog lawd pab cov menyuam uas los ntawm ib tsev neeg ua tau nyiaj tsawg. Cov kev pab cuam no muaj nyob rau hauv centers, tsev kawm ntawv, lossis family child care cov tsev. Cov pab cuam muaj kev pab txhawb rau mental (ntsig txog lub hlwb), social (txoj kev sib raug zoo), thiab kev loj hlob rau kev hnov rau menyuam ua ntej menyuam yug mus rau 5 xyoos. Ntxiv mus, cov pab cuam no muaj hoob cob qhia thiab kev pab rau noj haus huv.

Muaj lwm hom uas yog zov menyuam los ntawm tsev neeg, phooj ywg, los neeg zej zos. Cov kev pab cuam no tsis muaj license thiaj li tsis nyob rau hauv Parent Aware qhov tshawb fawb.



## Them nqi zov menyuam

Nyiaj pab thiab nyiaj sau se tejzaum yuav pab tau koj them nqi zov menyuam.

Tus nqi them zov menyuam yog nyob ntawm ob peb qho txuam thawj, xws li menyuam hnuv nyoog, hom zov menyuam, thiab qhov chaw. Muaj ob peb qho pab cuam uas pab tau kom them tau nqi zov menyuam yoojyim zog. Nws muaj xws li:

- **The Child Care Assistance Program (CCAP)**
- **Early Learning Scholarships**
- **Qhab nee txo nqi los ntawm cov se**

Koj hu tau rau **888.291.9811** kom pab koj nrhiav. Lossis, koj siv tau:

- Mus ntawm **Bridge to Benefit** qhov screening tool seb koj puas ntxim raug cai tau nyiaj pab. Mus ntawm [mn.bridgetobenefits.org/Home2](https://mn.bridgetobenefits.org/Home2).
- Koj siv tau **Paying for Care Checklist** los ua ib qho kev pab ntsuas koj cov nyiaj. Mus ntawm [ParentAware.org/paying-for-care-checklist](https://ParentAware.org/paying-for-care-checklist).
- Muaj kev pab dawb ua koj cov **se** nyob rau ntau lub nroog. Mus ntawm [revenue.state.mn.us/free-tax-preparation-help](https://revenue.state.mn.us/free-tax-preparation-help).



## Kev pab rau tsev neeg nrhiav rau cov tom ntej no

Cov niamtxiv uas muaj menyuam muaj special needs, LGBTQ tsev neeg, thiab cov niamtxiv uas txhawj txog yuav nrhiav neeg zov lawd tus mos ab. Cov kev pab cuam tom ntej no pab tau.

- Cov tsev neeg uas muaj menyuam muaj **special needs** siv tau peb cov taw kev los ua ib qho kev txhawb rau menyau. Mus ntawm [ParentAware.org/special-needs](https://www.ParentAware.org/special-needs).
- Cov tsev neeg uas yog **LGBTQ** tejzaum muaj kev txhawj txog yuav nrhiav tau ib lub chaw us kom hwm lawd. Peb cov kev pab yuav pab tau. Mus ntawm [ParentAware.org/lgbtq-families](https://www.ParentAware.org/lgbtq-families).
- **Minnesota Tribal Resources for Early Childhood Care (MNTRECC)** muaj kev pav zov menyuam thiab qhia ntawv rau menyuam uas yog American Indian. Mus ntawm [mntrecc.net/contact.html](https://www.mntrecc.net/contact.html).
- Niamtxiv uas xav nrhiav cov chaws uas siv **ob yam lus** los yog hais lwm yam lus uas tsis yog lus As Kiv xwb ces mus nrhia cov chaw ntawd hauv Parent Aware.



## Daim ntawv kuaj xais chaw zov menyuam

Txoj kev nrhiav ib lub chaw rau Koj Tus Menyulam

- 1** Pib nrhiav
- 2** Tiv tauj
- 3** Kuaj references thiab records
- 4** Xyuas cov chaw
- 5** Xaiv lub chaw
- 6** Pab koj tus menyulam kom nws swm txoj kev tshiab no
- 7** Nrog koom tas mus li

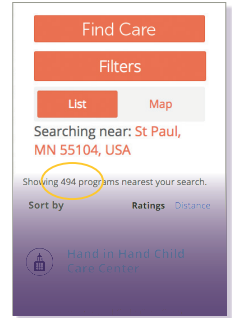
# 1

## Pib nrhiav

Siv peb qhov tshawb dawb ntawm [ParentAware.org](https://www.ParentAware.org) los tshawb tshaj 12,000 cov niamtxiv muaj license zov menyuam thiab qhia ntawv ntxov nyob rau hauv Minnesota.

- Hloov xws li qhov chaw nyob, xob moo qhib, thiab hnuv nyoog uas lub chaw txais kom haum koj.
- Muaj ib co chaw qhia txog seb lawd puas txais tam sim no thiab qhia lawd cov nqi.

*Yog xav tau ib tug neeg pab koj hu rau 888.291.9811 lossis mus ntawm lub website qhov sib tham.*



# 2

## Tiv tauj

Tiv tauj cov chaw zov menyuam thiab qhia ntawv ntxov seb lawd puas muaj qhib rau koj tus menyuam thiab tus nqi puas haum. Yog ib qho sijhawm zoo rau koj qhia txog koj tus kheej thiab nug txog lawd lub chaw.

- Lawd puas qhib part-time lossis hloov sijhawm qhib?
- Lawd puas muaj nyiaj pab xws li scholarships, ob peb tug menyuam nqi lov, lossis nqi kho kom koj them taus?
- Lawd puas yuav tsum muaj kom koj muab nyiaj can ua ntej?

# 3

## Kuaj references thiab records

- Nug references los ntawm cov tsev neeg uas siv lub chaw tam sim no thiab yav dhau los.
- Siv lub lav qhov tshawb fawb ([licensinglookup.dhs.state.mn.us](https://licensinglookup.dhs.state.mn.us)) los kuaj seb lub chaw puas muaj license thiab puas muaj tejam dabtsi ua txhaum cai yav dhau los.
- Yog xav paub xov xwm txog ib lub chaw muaj license zov menyuam, koj tiv tauj koj lub county social services office tau thiab. ([mn.gov/dhs/general-public/about-dhs/contact-us/counties-and-regional-offices/](https://mn.gov/dhs/general-public/about-dhs/contact-us/counties-and-regional-offices/))

*Yog xav tau kev pab hu rau 888.291.9811.*

# 4

## Xyuas cov chaw

Yog ua tau koj mus xyuas lub chaw ua ntej ces mam teem sijhawm tomqab ntxiv rau koj koj tus menyuam seb puas ntxim yuav haum nws.

Tom ntej no yog ib co txuam thawj uas koj siv tau los pab koj piv cov chaw zov menyuam.

## Mus xyuas cov programs (chaw)

**KEV SIB RAUG ZOO.** Menyuum lub pajhlwb ua tau haujlwm zoo tshaj thaum lawd muaj ib tug neeg saib xuas lawd nraim.

**Lus nug:** Cov neeg ua haujlwm ntawm no tawm txoj haujlwm ntau npau li cas xwb?

Nej ua li cas txog cov menyuum uas tsis mloog lus lossis koj kuj pwm tsis zoo?

**Yuav nrhiav dabtsi:** Cov neeg laus yuav tsum koj xwm yeem, siab zoo, siab ntev, thiab paub txog menyuum txoj kev nyiam thiab tsis nyiam. Lawd yuav tsum siv sijawm tham thiab mloog ib tug menyuum zuj zus.

**KEV KAWM THIAB TXAWJ NTSE.** Cov xibfwb muaj kev kawm txog qhia ntawv ntxov rau menyuum me yuav to taub menyuum txoj kev loj hlob tshaj.

**Lus nug:** Koj (lossis koj cov neeg ua haujlwm) puas to taub menyuum loj hlob thiab muaj kev kawm txog qhov ntawd?

Koj/lawd muaj pes tsawg xyoo kev kawm dhau los?

**Yuav nrhiav dabtsi:** Cov muaj license zov menyuum yuav tsum kawm hoob cov qhia txhua xyoo. Cov program nyob rau Parent Aware thiab cov muaj accreditation tseem kawm ntxiv thiab. Muaj ib co xibfwb tau kev kawm txog Early Childhood Education.

**PAB PAWG PES TSAWG LEEJ.** Cov menyuum uas cov laus saib xyuas ib pawg tsawg zoo tshaj cov pawg ntau leej.

**Lus nug:** Yuav muaj pes tsawg tus menyuum nrog rau kuv tus menyuum?

Koj cov cai txog saib xyuas menyuum hauv tsev thiab nraum zoov yog li cas xwb?

**Yuav nrhiav dabtsi:** Ib pab pawg muaj pes tsawg leej yog ib qho uas lub State of Minnesota ntsuas cov neeg muaj license zov menyuum\*. Cov niamtxiv muaj license zov menyuum saib tau pes tsawg tus menyuum yog nyob ntawm menyuum hnuv nyoog; cov me yuav tau saib ntau tshaj.

**KEV NOJ QAB NYOB ZOO.** Ib lub chaw uas huv yuav txhawb menyuum txoj kev nyab xeeb. Tag nrho cov niamtxiv muaj license zov menyuum yuav tsum ntsib cov cai noj qab nyob zoo no.

**Lus nug:** Tag nrho cov niamtxiv zov menyuum puas tau kuaj lawd qhov neeg txhaum cai?

Puas muaj ib qho npaj rau emergency yog muaj xwm txheej xws li huav cua tsis zoo, hluav taws kub, lossis dej nyab?

Puas muaj chaw rau menyuum pw koj raug cai\*\*?

**Yuav nrhiav dabtsi:** Lub chaw yuav tsum huv thiab ntxim nyiam, muaj khoom uasi, thiab cov phau ntawv uas tseem zoo. Yuav tsum muaj chaw rau uasi, thiab khoom uas tseem zoo thiab chaw uas muag xws li av, thiab ntaub pua muag.

\*[mn.gov/dhs/assets/ratio-and-group-size-standards-for-licensed-child-care\\_tcm1053-340437.pdf](https://mn.gov/dhs/assets/ratio-and-group-size-standards-for-licensed-child-care_tcm1053-340437.pdf)

\*\* [https://mn.gov/dhs/assets/SafeSleep\\_tcm1053-340125.pdf](https://mn.gov/dhs/assets/SafeSleep_tcm1053-340125.pdf)



Program 1	Program 2	Program 3

*txuas ntxiv*

## Mus xyuas cov programs (chaw) *continued*

**DEJ NUM.** Thaum muaj kev npaj dejnum rau menyuam ces txhawb tau rau lawd txoj kev loj hlob.

**Lus nug:** Ib hnuv tim koj zoo li cas xwb?

Koj lub program puas npaj coj menyuam tawm tsev mus ua dejnum sab nraud?

Nej yuav nyeem phau ntawv ntau npaum li cas rau kuv tus menyuam?

**Yuav nrhiav dabtsi:** Yuav tsum muaj ntau yam dejnum rau menyuam, xws li piav dabneeg, hu nkauj, games, hnav khauv ncaws ua si, teeb khoom, thiab uasi nraum zoo. Muaj tej co chaw siv curriculum; muaj tej co tsis siv tiamsis yeej txhawb menyuam thiab npaj lawd mus rau kindergarten.

**NTSUAS MENYUAM LOJ HLOB.** Kuaj nraim menyuam loj hlob yog ib qho uas yuav pom tau lawd cov kev txawj.

**Lus nug:** Nej ntsuas menyuam txoj kev loj hlob li cas?

Niamtxiv conference (sib tham) muaj txog dabtsi?

**Yuav nrhiav dabtsi:** Muaj ib co chaw nyiam siv assessment tool los ntsuas thiab cob dejnum rau koj tus menyuam. Ib co chaw rau menyuam preschoolers muaj dejnum uas yuav pab npaj nws mus rau kindergarten.

**HWM TAG NRHO TSEV NEEG.** Cov program yuav tsum txhawb tag nrho haiv neeg.

**Lus nug:** Kuv tus menyuam puas yuav pom nws cov lus Hmoob thiab nws haiv neeg puas yuav pom nyob rau hauv cov khoom siv, toys, thiab phau ntawv?

Puas muaj khoom siv uas yuav qhia menyuam txoj lwm haiv neeg?

**Yuav nrhiav dabtsi:** Cov xibfwb qhia ntawv yuav tsum hwm txhua tus menyuam. Dejnum uas qhia txog cov txawv thiab cov zoo ib yam yog ib qho uas yuav pab txhawb menyuam los hwm lawd tus kheej thiab sawd daws.

**SIB THAM.** Niamtxiv thiab cov xibfwb qhia ntawv yuav tsum koom sibtham txhua hnuv txog tus menyuam kev noj qab nyob zoo. Menyua hloov thiab loj hlob nraim uas thiaj li yog ib qho tseem ceeb rau sawd daws los tham txog.

**Lus nug:** Koj nrog cov niamtxiv sib tham li cas?

**Yuav nrhiav dabtsi:** Menyua hloov thiab loj hlob nraim uas thiaj li yog ib qho tseem ceeb rau sawd daws los tham txog. Bulletin boards, ntaub ntawv sau cia, thiab sib tham thaum hnuv tag yog ib co ncauj ke rau lub program qhia koj txog lawd.

<b>Program 1</b>	<b>Program 2</b>	<b>Program 3</b>

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## Xaiv lub chaw

Saib xyuas hais tias koj lees qhia paub txog hnuv yuav pib rau koj lub chaw koj xaiv ntawd thiab ua tiav tag nrho cov ntaub ntawv.

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## Pab koj tus menyuam kom nws swm txoj kev tshiab no

Nug lub program txog cov kauj ruam uas lawd pom zoo rau koj tus menyuam lossis siv qhov Transition Checklist rau txwv yim.

Mus ntawm [ParentAware.org/transition-checklist](https://www.parentaware.org/transition-checklist).

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## Nrog koom tas mus li

Koj yog tus yuav paub tshaj hais tias lub chaw ntawd zoo lossis tsis zoo rau koj tus menyuam thiab koj tsev neeg. Thaum menyuam loj hlob tuaj, lawd cov kev xav tau yuav hloov. Cov chaw tej zaum yuav hloov thiab. Vim li ntawd nws tseem ceeb heev uas koj ntsuas nraim lub chaw hais tias nws tseem zoo rau koj tus menyuam.

Ntawm no yog ib co tswv yim rau kom koom thiab paub txog:

### Mus xyuas thaum lawd tsis npaj tos koj

Cov chaw yuav tsum tos txais niamtxiv txhua lub sijhawm, tiam sis nco ntsoov hais tias cov niamtxiv muaj license ntawd tej zaum yuav muaj dej num ntau tsis khoom muab sijhawm nrog koj.

### Siv sijhawm

Thaum xa lossis tos menyuam, qee zaus muab sijhawm nyob ntev me ntsis.

### Hloov sijhawm

Niaj hnuv tos koj tus menyuam thaum lub sijhawm qub yog ib qho uas pab tau koj tus menyuam, tiam sis hloov sijhawm yuav ua rau tau koj pom dej num txawv tim lub chaw thiab.

### Muab sijhawm pub dawb

Pab thaum muaj xws li field trips mus ua si yog ib qho ua kev zoo nrog koj tus menyuam thiab koj paub ntxiv txog cov neeg ua haujlwm.

### Npaj ib qho conference los sib tham

Npaj ib qho sib ntsib lossis tham hauv xovtooj nrog lub chaw txog koj tus menyuam.

### Ntsib neeg tshiab

Mus paub ntxiv txog cov neeg zov menyuam, cov niamtxiv, cov neeg ua haujlwm, lossis cov volunteers uas yuav nrog koj tus menyuam.



## Puas yog muaj teeb meem nrhiav neeg zov menyuam?

Txoj kev nrhiav ib lub chaw uas koj zoo txhij txhua thiab pheej yig tsis yoojyim. Ntawm no yog ib co tswv yim uas pab tau:

- Tiv tau peb cov **Child Care Information Specialists** kom tau twv yim ntxiv. Hu 888.291.9811.
- Nrhiav lwm cov **chaw nyob** uas txawv ntawm cov koj xub nrhiav. Tejzaum yuav muaj ib co haum koj uas xws li nyob ze koj haujlwm, los ib nyuag deb zog ntawm koj tsev xwb.
- Tso npe ntawm lub program koj nyiam qhov **ntawv tos**. Thaum muaj qhib koj thiaj li paub.
- Nrog **phooj ywg tham**, cov nyob ze koj, lwm cov niamtxiv, thiab cov neeg koj ua haujlwm nrog uas tab tom tshawb nrhiav neeg zov menyuam. Lawd ua li cas xwb?





Parent   
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